

PATIENT COUNSELLING INFORMATION

Folic Acid & Methylcobalamin Tablets IP

Folinext[®]

Read the entire leaflet carefully before you start taking this medicine:

- If you have any further questions, ask your doctor.
- This medicine has been prescribed for you only. Do not pass it on to others, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor. This includes any possible side effects not listed in this leaflet.

1. What is Folinext[®] and what is it used for?

This product is a fixed dose combination of Folic acid and Methylcobalamin, the active form of vitamin B₁₂.

Folic Acid is a member of the vitamin B group. It is essential for good health. Folic acid is required for the synthesis of nucleic acids (such as DNA), the genetic material of cells. It is vital for the development and proper function of the nervous system.

Methylcobalamin helps in the synthesis of neuronal lipids, regeneration of axonal nerves and has neuroprotective activity, which promote neurons to function in proper way and thus improves neuropathic symptoms.

The fixed dose combination of Folic Acid and Methylcobalamin tablet is indicated for neuropathy.

2. What you need to know before you take Folinext[®]?

Before taking Folinext[®] tablets, tell your doctor if you have:

- an allergy (hypersensitivity) to Folic acid Methylcobalamin, cobalt or to any of the other ingredients in the tablets.
- an untreated vitamin B₁₂ deficiency such as in certain anaemias and lifelong vegetarians.
- pernicious anaemia (a form of anaemia caused by lack of vitamin B₁₂) or another condition caused by vitamin B₁₂ deficiency
- a malignant (cancerous) disease.

Warnings and Precautions

Tell your doctor,

- If you are taking, or have recently taken, or might take any other medicines.
- If you are pregnant, planning to become pregnant or are breast-feeding, speak to your doctor before taking this medicine.

3. How to take Folinext[®]?

Always take Folinext[®] tablets exactly as your doctor has told you. Check with your doctor if you are not sure.

The usual dose of the Folinext[®] tablet is one tablet once day with or without food or as prescribed by the physician. Swallow the tablets with water.

If you take more Folinext[®] than you should

If you (or someone else) swallow a lot of the tablets at the same time, or you think a child may have swallowed any, contact your nearest hospital or tell your doctor immediately.

If you forget to take Folinext[®]

If you forget to take a dose take it as soon as you remember it and then take the next dose at the right time. Do not take a double dose to make up for a forgotten dose.

4. What are the possible side effects of Folinext[®]?

Like all medicines, this medicine can cause side effects, although not everybody gets them. Tell your doctor if you notice any of the following side effects or you notice any not listed:

Occasional side-effects include anorexia, nausea / vomiting and diarrhoea, allergic reactions comprising erythema, rash, pruritus, urticaria, dyspnoea, anaphylactic reactions, abdominal distension and flatulence.

5. How to store Folinext[®]?

Store protected from moisture, at a temperature not exceeding 30⁰C.

Keep out of reach of children.

Do not take this medicine after the expiry date shown on the pack. The expiry date refers to the last day of that month.

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For further information please write to :



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